

# Personal Medical History (Current and Past) & Review of Systems

## Present Complaints (Please circle the appropriate ones)

Headache	Feet/Hands Cold	Unbalanced
Mental dullness	Depression	Fainting
Loss of memory	Rib pain	Blurred vision
Dizzy	Nervousness	Irritability
Ears ringing/buzzing	Eye strain/pain	Double vision
Upper back pain	Shortness of breath	Loss of smell
Lower back pain	Fear	Chest pain
Midback pain	Confusion	Neck pain
Pins and needles in hands right/left	Pins and needles in arms right/left	Pins and needles in legs right/left
Other not listed _____		

**Medical Implants:** \_\_\_\_\_ **Medical alerts:** \_\_\_\_\_  
**Surgical Implants:** \_\_\_\_\_ **Pregnancy:** yes \_\_\_ no \_\_\_  
**Personal Physician:** \_\_\_\_\_

**PAIN SCALE:** Rate the severity of your pain by circling a number on the following scale.

<b>No Pain</b>	0	1	2	3	4	5	6	7	8	9	10	<b>Excruciating Pain</b>
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**Medications:** (please list all medications and supplements that you currently take)


**Allergies:** (please list all medications that cause allergic reaction)


**Smoking:** \_\_\_ Yes \_\_\_ No If yes, \_\_\_\_\_ Packs per Day for \_\_\_\_\_ years

**Alcohol** \_\_\_ Yes \_\_\_ No If yes, Number of drinks per week \_\_\_\_\_

**Surgical History:** Please list ALL previous surgery and the date on which it was performed:

Surgery _____	Date _____

### Personal Medical History & Review of Systems:

Please indicate with an "X" any medical problems that you currently have or have had in the past.

**NO MEDICAL PROBLEMS** - no prior history of any significant medical problems

#### Lungs / Pulmonary – breathing disorders

- |                                    |   |   |
|------------------------------------|---|---|
| <input type="checkbox"/> asthma    | <input type="checkbox"/> pulmonary embolism | <input type="checkbox"/> respiratory arrest |
| <input type="checkbox"/> COPD      | <input type="checkbox"/> pneumonia          | <input type="checkbox"/> sleep apnea        |
| <input type="checkbox"/> emphysema | <input type="checkbox"/> tuberculosis       | <input type="checkbox"/> other: _____       |

#### Cardiac / Heart and peripheral vascular disease

- chest pain / angina
- heart attack, myocardial infarction
- congestive heart failure
- other: \_\_\_\_\_
- high blood pressure
- heart murmur, valve disorder
- mitral valve prolapse
- bleeding problems
- irregular heartbeat, arrhythmia
- peripheral vascular disease
- deep vein thrombosis

**Neurologic Disorders**

- stroke or TIA
- peripheral neuropathy
- other: \_\_\_\_\_
- parkinson's
- MS
- cerebral palsy
- polio

**Bone & Joint Disorders**

- osteoarthritis
- rheumatoid arthritis
- other: \_\_\_\_\_
- gout
- lupus
- osteomyelitis
- ankylosing spondylitis

**Gastrointestinal Disorders**

- peptic ulcer or stomach ulcer
- acid reflux, GERD
- GI bleed
- other: \_\_\_\_\_
- diverticulitis
- irritable bowel
- inflammatory bowel disease
- hepatitis - Type \_\_\_\_\_
- liver disease

**Genitourinary Disorders**

- urinary tract infection
- bladder problems
- kidney problems
- kidney stones
- dialysis, kidney failure
- other: \_\_\_\_\_

**Metabolic & Other Disorders**

- Diabetes x \_\_\_\_\_ years
- thyroid problems
- sickle cell disease
- high cholesterol or lipids
- skin disorder \_\_\_\_\_
- psoriasis
- any skin ulcer
- tooth abscess, gingivitis
- depression
- anxiety
- alcohol or drug dependency
- other: \_\_\_\_\_

Cancer : any type -- please specify \_\_\_\_\_

Other medical problems NOT included above (explain) \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Family History:**

Please indicate with an "X" any significant family medical history or problems.

- asthma
- COPD or Emphysema
- heart attack, myocardial infarction
- irregular heartbeat, arrhythmia
- other heart : \_\_\_\_\_
- Peripheral neuropathy
- osteoarthritis
- rheumatoid arthritis
- acid reflux, GERD
- hepatitis - Type \_\_\_\_\_
- liver disease
- kidney problems
- diabetes
- thyroid problems
- Malignant hyperthermia
- tuberculosis
- other lung : \_\_\_\_\_
- congestive heart failure
- bleeding problems
- MS or Parkinson's
- other neuro : \_\_\_\_\_
- Lupus
- Other bone & joint: \_\_\_\_\_
- inflammatory bowel disease
- other GI : \_\_\_\_\_
- dialysis, kidney failure
- psoriasis
- sickle cell disease
- high cholesterol or lipids
- any skin ulcer

Cancer : any type -- please specify \_\_\_\_\_

Other medical problems NOT included above (explain) \_\_\_\_\_  
 \_\_\_\_\_

All Information I have provided above and to this office is true and accurate to my knowledge. I understand that providing incorrect information can be dangerous to my health.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_